

BRITISH KARATE GUILD

NEWSLETTER

MARCH 2023



KATA & CLICKER REFEREES COURSE

Sunday 30th April 11AM -2PM
Senior Brown Belts and above.

VENUE: Docklands dojo, Barkantine Hall, West Ferry Rd, E14 8SS.

TAKE ADVANTAGE OF THIS FREE COURSE FOR BKG MEMBERS!



JOIN US IN CELEBRATING OUR 1YR ANNIVERSARY OF THE BKG!

Sunday 30TH April - 3.30PM Onwards

All welcome. £23 Per Head - Set buffet.

limited availability. Please book in advance by emailing : bkg.kyokushin@gmail.com

VENUE: V's Punjabi Grill at The Canal Tavern
Canal Road • Gravesend • Kent • DA12 2RS



BKG NATIONAL KATA & CLICKER COMPETITION (INDIVIDUALS)

Saturday 13TH May 2023

Senior & Junior categories.
Entry forms will be emailed to dojo instructors.

Please be aware the flag elimination system may be utilised in the first round of the kata event if entry numbers warrant this.



Kata & Clicker competition
13th May 2023
Singh Sabha Sports Centre, SLI 3LW
Email : Bkg.kyokushin@gmail.com



CALENDER OF EVENTS

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING

Open to all Kyokushin styles

Venue: Synergy Gym, Lake Forest House, Forest Road, Ilford, IG6 3HJ

2 pm to 4 pm fee £10

KATA & CLICKER REFEREES COURSE

SUNDAY 30TH APRIL

11AM -2PM

**DOCKLANDS DOJO, BARKANTINE HALL,
WEST FERRY RD, E14 8SS**

CELEBRATING ONE YEAR OF THE BKG!

SUNDAY 30TH APRIL 3.30PM ONWARDS

V's Punjabi Grill at The Canal Tavern

Canal Road • Gravesend • Kent • DA12 2RS

SUNDAY 7TH MAY

BKG AGM VIA ZOOM

11am to 1pm

SATURDAY MAY 13TH

NATIONAL INDIVIDUAL KATA & CLICKER COMP

At the Singh Sabha Sports Centre,

Stoke Poges Lane,

Slough, Berkshire, SL1-3LW

SUNDAY JUNE 25TH

BKG OPEN COURSE FOR ALL STYLES

**The Old Palace Prep School, 2 Melville Ave,
South Croydon CR2 7YN**

Time: 11am to 2pm

SUNDAY JULY 2ND

IN MEMORY OF HANSHI . BEACH TRAINING

FRINTON ON SEA, ESSEX. OPEN TO ALL

11AM TO 2PM FREE !

OPEN BKG SUMMER CAMP

18TH- 20TH AUGUST

Essex Outdoors, Danbury, CM3 4AB

ONLY £99 FULL BOARD & TRAINING

KD REFEREES COURSE

Sunday 29th October.

venue & time to be confirmed.

SATURDAY NOVEMBER 11TH 2023

BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS

CRYSTAL PALACE SPORTS CENTRE

LONDON SE19 2BB

THE HOME OF KYOKUSHIN!

**BKG OPEN SEMINAR FOR ALL STYLES.
BACK BY POPULAR DEMAND!**

Sunday 25th June 2023 11am-2pm

**Venue: The Old Palace Prep School, 2 Melville Ave,
South Croydon CR2 7YN**

BKG MEMBERS: Seniors £10 Juniors £7

NON BKG: Seniors £15 Juniors £10

**We are again offering the opportunity to train with
our five leading instructors;**

**SHIHANS NICK DA COSTA, GRAHAM WARDEN,
FELIX NTUMAZAH, JEFF WHYBROW & DARREN
STRINGER.**

**With over 150 students in attendance last year we
anticipate this year to be even bigger! Don't miss
out! You can secure your place via email:
BKG.KYOKUSHIN@GMAIL.COM**



BKG INAUGURAL SUMMER TRAINING CAMP

18TH TO 20TH AUGUST 2023

**WE HAVE SECURED AN AMAZING DEAL.. FULL
BOARD, ACCOMMODATION AND ALL TRAINING
SESSIONS FOR £99!**

**SUPERB VENUE SET IN 72 ACRES OF
WOODLANDS. 12YRS AND OVER.**

**EMAIL BKG.KYOKUSHIN@GMAIL.COM TO
SECURE YOUR PLACE**



**WE ARE HERE TO SUPPORT YOU - Email:
BKG.Kyokushin@gmail.com**