#### BRITISH KARATE GUILD

# NEWSLETTER MARCH 2024





THE UK JUNIOR OPEN & BKG NATIONAL TEAM KATA CHAMPIONSHIPS will be held on 17th March 2024.

Kyokushin Rules categories - 10 to 11yrs, 12 to 13yrs & 14 to 15yrs that will be further sub-divided into gender & weight divisions and open to UK kyokushin organisations.

Team Kata - Two categories - Green belt and below & brown belt and above. Teams can be a mixture of Seniors & Juniors and any gender. Open to BKG members only.

Entry details: smoothcomp.com/en/event/15218 or scan the QR code

**ENTRY DEADLINE 3rd MARCH** 



Congratulations to the GB Team competing in Switzerland next month. Our Coaches for this event are Shihan Felix & shihan Jeff.
Our officials are Shihan Clara, Sensei Lia & Sensei Alex. We also have many supporters accompanying the team.





No matter how you may excel in the art of Karate, and in your scholastic endeavors, nothing is more important than your behavior and your humanity as observed in daily life.













BKG members only. Entry fee £15 Spectators - Adult £10 Jnr £5, Family £25.



NATIONAL GRADINGS: - To assist with the effective management and planning of national gradings (1st kyu & above) we are requesting applications are submitted to the BKG board when a student has met the eligibility criteria and required standard. Once sufficient numbers have been received a grading date will then be set .We will of course endeavor to ensure sufficient notice of the date and venue is given to participants.





AGM: - On the 19th May we will have our Annual General Meeting (via Zoom) where there is an opportunity to apply to join the BKG board. If you feel you have the time, energy & enthusiasm then please do consider this. Applications must be received via email 21 days prior to the date of the AGM. please submit a brief Resume outlining your skill set and what you feel you could bring to the role. You must be a current senior BKG member and have your application nominated and seconded by two other BKG senior members. Email:Bkg.kyokushin@gmail.com

#### **CALENDAR OF EVENTS**

### EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING:

Open to all Kyokushin styles.

Synergy Gym, Lake Forest House,
Forest Road, Ilford, IG6 3HJ,

2pm to 4pm, fee £10

## UK JUNIOR OPEN & BKG NATIONALTEAM KATA CHAMPIONSHIPS

(Kata teams can be mixed)
Sunday 17th March 2024
Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1-3LW

# BKG NATIONAL CLICKER & KATA TOURNAMENT (Individuals):

Adults Advanced; Juniors Traditional Clicker
Saturday 11th May 2024
Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1 3LW

AGM - via Zoom Sunday 19th May - from 2pm

#### **INTERNATIONAL SUMMER TRAINING CAMP:**

Friday 9th to Sunday 11th August 2024
Essex Outdoors, Danbury, CM3 4AB
Full board & Training only
£110 FOR BKG/WKG members,
£125 for non members.

### THE BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS

Saturday 9th November 2024 Crystal Palace National Sports, London

#### **BKG WINTER BALL**

Saturday 1st February 2025 Novotel Hotel Round Coppice Rd Stansted CM24 1SF