

BRITISH KARATE GUILD

NEWSLETTER

AUGUST 2023



SATURDAY, 12TH AUGUST | EXCEL LONDON

KYOKUSHIN KNOCKDOWN KARATE

BRITISHKARATEGUILD.COM
BKG.KYOKUSHIN@GMAIL.COM



PRESENTS



MATCHED EXHIBITION KNOCKDOWN FIGHTS
IN A MMA CAGE.

SATURDAY 12TH AUGUST.

2PM TO 6PM

AT THE EXCEL CENTRE LONDON. E16 1XL
DOORS OPEN AT 9AM. MANY OTHER
EVENTS WILL BE HAPPENING THROUGHOUT
THE DAY.

THIS IS PART OF THE T.R.U ATHLETE
INTERNATIONAL SPORTS & FITNESS
FESTIVAL.

TICKETS £35.00 ADULTS, £17.50. JUNIORS
(13yr to 17yrs). 12YRS AND UNDER ARE
FREE.

TICKETS GIVE YOU ACCESS TO ALL
EVENTS.HAPPENING ON THE DAY.

PLEASE PURCHASE YOUR TICKETS FROM
THE BKG TICKET STAND OR IDEALLY IN
ADVANCE BY EMAILING
BKG.KYOKUSHIN@GMAIL.COM.

BKG OPEN KARATE SUMMER CAMP-£99

ESSEX OF DOORS, DANBURY, CM3 4AB
EMAIL: BKG.KYOKUSHIN@GMAIL.COM
12YRS & OVER.

18TH - 20TH AUGUST 2023

SHIHAN DA COSTA
SHIHAN WARDEN
SHIHAN NTUMAZAN
SHIHAN WHYBROW
SHIHAN STRINGER



BKG INAUGURAL SUMMER TRAINING CAMP

18TH TO 20TH AUGUST 2023 12YRS AND
OVER

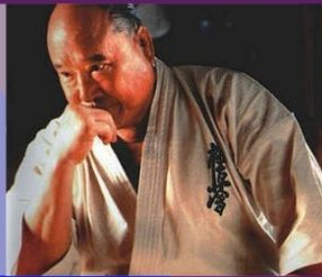
WE HAVE SECURED AN AMAZING DEAL!
FULL BOARD, ACCOMMODATION AND ALL
TRAINING SESSIONS FOR £99!

SUPERB VENUE SET IN 72 ACRES OF
WOODLANDS.

PLACES ARE NOW VERY LIMITED!! WHEN
THEY'RE GONE THEY'RE GONE!

EMAIL: BKG.KYOKUSHIN@GMAIL.COM TO
SECURE YOUR PLACE

*"I realized that perseverance and step-by-step progress are the only ways to reach a goal along a chosen path."
Mas Oyama*



THE DATE IS SET, THE VENUE IS BOOKED, THE
EXCITEMENT IS BUILDING!

TO ENTER, BOOK TICKETS OR GET MORE
INFORMATION SCAN THE QR CODE ON THE POSTER
OR GO TO:

[HTTPS://WWW.BRITISHKARATEGUILD.COM/BKGOPEN](https://www.britishkarateguild.com/bkgopen)

HISTORY IN THE MAKING



**'THE BRITISH' IS COMING HOME
TO CRYSTAL PALACE NATIONAL SPORTS CENTRE**



AT THE BKG BRITISH OPEN, TWO
CASH PRIZES WILL BE
AWARDED FOR THE MOST
SPIRITED FIGHTER & THE MOST
TECHNICAL FIGHTER IN THE
OPEN CATEGORIES. EACH WILL
RECEIVE £1,000 GBP!



CALENDER OF EVENTS

**EVERY SATURDAY - KYOKUSHIN FIGHT
TRAINING**

Open to all Kyokushin styles
Venue: Synergy Gym, Lake Forest House,
Forest Road, Ilford, IG6 3HJ
2 pm to 4 pm fee £10

**MATCHED EXHIBITION FIGHTS.
KYOKUSHIN KNOCKDOWN IN A MMA CAGE.**

Saturday 12TH August 2pm to 6pm
The Excel centre, Royal Victoria Dock,
1 Western Gateway, London E16 1XL

**OPEN BKG SUMMER CAMP
18TH- 20TH AUGUST**

Essex Outdoors, Danbury, CM3 4AB
ONLY £99 FULL BOARD & TRAINING

**KD REFEREES COURSE
Sunday 29th October.
venue & time to be confirmed.**

**SATURDAY NOVEMBER 11TH 2023
BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS
CRYSTAL PALACE SPORTS CENTRE
LONDON SE19 2BB
THE HOME OF KYOKUSHIN!**

**BKG WINTER BALL RETURNS!
SATURDAY 27TH JANUARY 2024
NOVOTEL HOTEL LONDON CM24 1SF**



**WE ARE HERE TO SUPPORT YOU - Email:
BKG.Kyokushin@gmail.com**