BRITISH KARATE GUILD NEWSLETTER NOVEMBER 2022





GUGAGER & KAMA TOURNAMENT SINGH SABHA CENTRE Slough, SL1 3LW

SPECTATOR FEES £5 FOR KIDS, £10 FOR ADULTS SHA Nov 2022



27TH NOVEMBER 2022 GRADING PANE

CLICKER & KATA TOURNAMENT -5th November 2022 Competitors Check in 9AM competiton Starts 10.30 AM

Individual & Team Clicker + Team Kata

Please ensure accurate entries are sent via email to BKG.Kyokushin@gmail.com

Entry forms have been emailed to you.

Team Event Kata will consist of mixed teams of three - adult, junior, male or female or a combination of all. **High Grade Kata Teams** are for brown belts and above. **Low Grade Kata Teams** are for green belt and below.

Clicker Teams need 1 adult male, 1 adult female, 1 pee wee (under 10), 1 junior yellow belt or below and 1 junior green belt or above.

NATIONAL DAN GRADING 27TH NOVEMBER 2022 1st kyu gradings and above.

10.30am start.

VENUE : The Barkantine Hall, 12 The Quarterdeck, London, E14 8SJ

Application Forms have been emailed to you. Please complete and return via email ASAP.



BKG HIGH GRADE SEMINAR OCT 22

"IF YOU HAVE CONFIDENCE IN YOUR OWN WORDS, ASPIRATIONS, THOUGHTS, AND ACTIONS AND DO YOUR VERY BEST, YOU WILL HAVE NO NEED TO REGRET THE OUTCOME OF WHAT YOU DO"



OUR MISSION

- Is to continue the philosophy that is inherent in Kyokushin Karate, as brought to us by Sosai Masutatsu Oyama and Hanshi Steve Arneil, and in-turn pass that knowledge on to you. We are a new association run by world-renowned instructors and former fighters who do not wish to profit from our positions, but to give what we have and ensure there is a legacy that benefits all, and not the few.
- Congratulations to Ravinder Dhaliwal and Senpai Chris Da Costa for representing the BKG along with their coach Shihan Felix Ntumazah in a European championships in Spain last month. Ravinder gained 2nd Place, becoming Vice Champion! (pictures below). Both students have been training regularly at our BKG Synergy Fight training sessions each Saturday.
 - If you would like a fight session to be held at your dojo on a Sunday please get in touch. Our BKG instructors will teach for free and any proceeds from the course can go to support the dojo! There are many tournaments on the horizon and we have the option of another KD event on the 16th & 17th December 2022 in Barcelona!





Calender of Events

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING Open to all Kyokushin styles at Synergy Gym, Lake Forest House, Forest Road, Ilford, IG6 3HJ

From 2 pm to 4 pm for a fee of £10

SATURDAY 5th NOVEMBER 2022 -NATIONAL CLICKER /KATA COMPETITION Competitor check in 9AM. Competition starts 10AM At the Singh Sabha Sports Centre, Stoke Poges Lane, Slough, Berkshire, SL1-3LW

SUNDAY 27th NOVEMBER 2022 -NATIONAL GRADING 1ST KYU & ABOVE VENUE: The Barkantine Hall,12 The Quarterdeck, London, E14 8SJ 10.30am Start.

V111 OPEN NINTAI CUP. KD AND KATA 16th & 17th December 2022

Rambla Marquesa Castellbell, 35 08980 Sant Feliu de Llobregat, Barcelona.

SATURDAY 28TH JANUARY 2023 - WINTER BALL Tables of ten available. Tickets are £40 & incl. a three-course meal. Discounted rooms cost £60 per night with breakfast! Location: Novotel hotel London, Stansted Airport, Round Coppice Road, Stansted, CM24 1SF Time: 19:00 - 00.30