

BRITISH KARATE GUILD

# NEWSLETTER

FEBRUARY 2025



Our first seminar of 2025 was held on the 19th January. It was a great start to our busy 2025 calendar of events. All those who attended had another opportunity to gain inspiration and knowledge from our five founders.

*Thank you!*

A big thank you to Gravesend dojo for hosting the event and supplying refreshments for everyone!



Our 3rd BKG Winter Ball took place on Saturday 1st February. Mr Michael J Ftich, you did not disappoint! Shihan Noddy was raised to new heights! if you didnt witness this in person, check out our social media pages!

A great evening was had by all, whilst raising funds for deserving charities, including the PC Nicola Hughes Memorial fund and the Michael Watson Charitable Trust. Many more pics on Facebook & Instagram. Thanks again to Bumbles Balloons for the magical themed creations

The next BKG Open Squad training session is at PT Studio One, Ilford, IG6 3UT, on Sunday 9th February 2025.

For those preparing to compete both at home and abroad or for those wanting to improve their fighting skills and fitness.

Instructor, Shihan Nick Da Costa. £10 BKG members, £15 non-members (12yrs and over)

## OPEN SQUAD TRAINING

**Sunday 9th Feb 2025**  
2PM-5PM

PT Studio One,  
12-14 Fowler Rd,  
Hainault Ind Est,  
Ilford, IG6 3UT

£10 for BKG members/£15 for non members

*Led by Shihan da Costa*

BRITISH KARATE GUILD  
KYOKUSHINKAI

Join us  
email bkgkyokushin@gmail.com





**"In the Martial Arts, introspection  
begets wisdom. Always see  
contemplation on your actions as an  
opportunity to improve."** Mas Oyama



## CALENDAR OF EVENTS 2025

### BKG OPEN NATIONAL KNOCKDOWN SQUAD TRAINING.

Sunday 9th February 2025

PT Studio One, 12 to 14 Fowler Rd,

Hainault Ind Est, Ilford, IG6 3UT

£10 for BKG members, £15 for non BKG.

2pm to 5pm (12yrs and over)

### FIRST AID COURSE.

Saturday 15th February

Email Shihan Stuart Wright for more details:

sjwright1957@gmail.com

### NATIONAL GRADING

. Saturday 15th March 2025.

10.30am start (1st Kyu and Above)

Docklands Dojo, Barkantine Hall, E14 8SS

### WKG & BKG INDIVIDUAL & TEAM KATA CHAMPIONSHIPS

Incorporating a Junior Kyokushin rules  
event.

(invitational matched fights)

22nd March 2025

Singh Sabha Sports Centre, Stoke Poges Ln,

Slough, SL1 3LW

### WKG & BKG INDIVIDUAL & TEAM CLICKER CHAMPIONSHIPS

(Traditional for juniors, Advanced for 16yr+)

Saturday 17th May 2025

Singh Sabha Sports Centre,

Stoke Poges Ln,

Slough, SL1 3LW

## CALENDAR OF EVENTS continued

### BKG INTERNATIONAL SUMMER CAMP

Friday 15th Aug - Sunday 17th Aug 2025

Essex Outdoors,

Danbury, CM3 FAB

### BKG OPEN INTERNATIONAL KNOCKDOWN CHAMPIONSHIPS

15TH November 2025

Crystal Palace National Sports Centre,

Ledington Rd, London, SE19 2BB

SAVE THE DATE



BRITISH KARATE GUILD



## KATA CHAMPIONSHIPS



**22ND MARCH, 2025**  
**AT SINGH SABHA SPORTS  
CENTRE SL1 3LW**

OPEN TO BKG & WKG MEMBERS ONLY.  
INCORPORATING A JUNIOR KYOKUSHIN RULES EVENT

website: [Britishkarateguild.com](http://Britishkarateguild.com) Email: [Bkg.kyokushin@gmail.com](mailto:Bkg.kyokushin@gmail.com)

