

BRITISH KARATE GUILD

Happy
New Year!

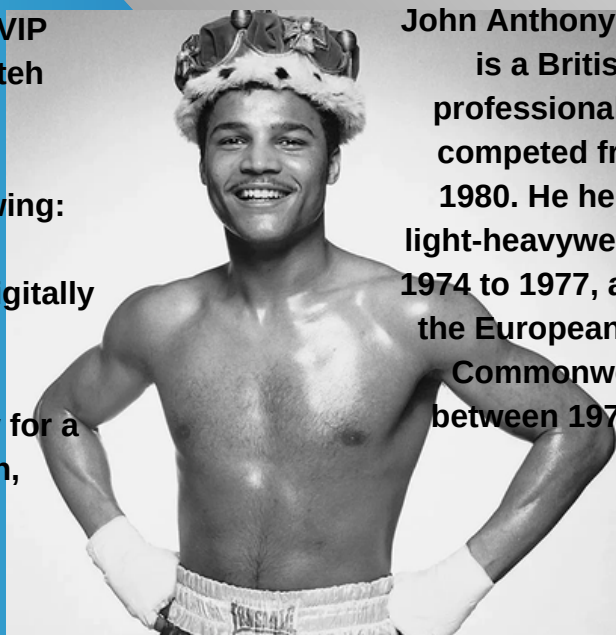
NEWSLETTER JANUARY 2024



The BKG Winter Ball is almost upon us... Our VIP guest speaker will be the legendary John Conteh MBE.

You have an opportunity to pre-purchase an exclusive VIP package that includes the following:

- Your picture taken with him (sent to you digitally post-event)
- A signed photograph
- An exclusive raffle ticket into a prize draw for a quadruple signed piece by Conteh, Watson, Bruno and Lewis (see below) !



John Anthony Conteh MBE, is a British former professional boxer who competed from 1971 to 1980. He held the WBC light-heavyweight title from 1974 to 1977, and regionally the European, British and Commonwealth titles between 1973 and 1974.



All for a pre-purchase price of only £15!
(£20 on the day)

Our honorary BKG member, Michael "The Force" Watson MBE, will also be in attendance!



BKG
Winter Ball
SATURDAY 27TH JANUARY 2024
NOVOTEL HOTEL LONDON, CM24 1SF
FROM 18:30 - 00:30

SHOULD YOU WISH TO STAY AT THE NOVOTEL HOTEL, THE BKG HAVE ARRANGED A DISCOUNTED ROOM RATE OF £90 PER ROOM WITH BREAKFAST INCLUDED. (CONTACT THE HOTEL DIRECTLY TO BOOK)

TICKETS £45 INCL. 3 COURSE MEAL & DISCO
INCORPORATING A FUN AUCTION
EMAIL BKG.KYOKUSHIN@GMAIL.COM TO RESERVE YOUR PLACE
ADVANCED BOOKINGS ONLY - TABLES OF 10
DRESS CODE: BLACK TIE

Email: BKG.kyokushin@gmail.com to book your place & your VIP package before this event sells out. To book a hotel room (£90 per room inc. breakfast & parking) please email: rosie.STEPHENS@accor.com - quoting "BKG Guest Room" within the email subject. A guarantee card is needed to book, but payment will not be taken until check-in.

IT MUST BE BORNE IN MIND
THAT THE TRAGEDY OF LIFE
DOESN'T LIE IN NOT
REACHING YOUR GOAL. THE
TRAGEDY LIES IN HAVING NO
GOALS TO REACH.

-Benjamin E. Mays



Our High Grade Skills Seminar (incorporating a Safeguarding refresher) is being held on Sunday 4th February.

This is **FREE** for all BKG members.
(£20 for non-members)

All brown belts and above should make every effort to attend. This will be invaluable preparation for anyone attempting National Grading this year.



We have a BKG Kyokushin Rules and Team Kata competition on the 17th March 2024.

Inc. Kyokushin Rules categories - 10 to 11yrs, 12 to 13yrs & 14 to 15yrs. These will be further sub-divided into gender & weight divisions.

Inc. Team Kata - two categories - green belt and below & brown belt and above. Teams can be a mixture of senior & junior and any gender. Entry details to follow.

A reminder: we will be sending a BKG team to the WKB International Open KD tournament taking place in Switzerland on the 6th April 2024.

This event has all KD categories inc. Junior Kyokushin Rules. Instructors have been requested to email names of students who have expressed an interest.



CALENDAR OF EVENTS

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING:

Open to all Kyokushin styles
Synergy Gym, Lake Forest House,
Forest Road, Ilford, IG6 3HJ,
2pm to 4pm, fee £10

BKG WINTER BALL:

Saturday 27th Jan 2024

Tickets only £45!

Novotel Hotel, Round Coppice Road,
Stansted, CM24 1SF

HIGH GRADE SKILLS SEMINAR:

Brown belt & above. (inc a Safeguarding refresher)

Sunday 4th February 2024

Bu'sen Martial Arts Sports Trust, 244 Stanley Rd,
Twickenham, TW2 5ND,
11am to 2.30pm

This is a **FREE** course for BKG members
(£20 for Non Members)

NATIONAL GRADING - 1ST KYU & ABOVE:

Sunday 25th February 2024

Docklands Dojo, Barkantine Community Hall,
The Quarter Deck, London, E14 8SR,
11am start

BKG JUNIOR KYOKUSHIN RULES & ADULT / JUNIOR TEAM KATA TOURNAMENT:

(Kata teams can be mixed)

Sunday 17th March 2024 (NEW VENUE)

Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1-3LW

BKG CLICKER & KATA TOURNAMENT (Individuals):

Adults Advanced; Juniors Traditional Clicker

Saturday 11th May 2024

Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1 3LW

INTERNATIONAL SUMMER TRAINING CAMP:

Friday 9th to Sunday 11th August 2024

Essex Outdoors, Danbury, CM3 4AB

Full board & Training only £110

THE BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS

Saturday 9th November 2024

Crystal Palace National Sports, London