

BRITISH KARATE GUILD

# NEWSLETTER

MAY 2023



As the BKG reaches the milestone of its 1st Anniversary this month, we want to thank each and everyone of our members for making this possible. Our Achievements this past year have far exceeded our expectations! Lets make this year even better.



The BKG AGM is being held via zoom, Sunday 7th May 1pm to 3pm. A meeting link will be sent to all dojo instructors.



## BKG NATIONAL KATA & CLICKER COMPETITION (INDIVIDUALS)

Saturday 13TH May 2023

Senior & Junior categories.  
Entry forms should now have been submitted!.

Please be aware the flag elimination system may be utilised in the first round of the kata event if entry numbers warrant this.

### Kata & Clicker competition

13th May 2023

Singh Sabha Sports Centre, SLI 3LW

Email : Bkg.kyokushin@gmail.com

**BKG OPEN SEMINAR FOR ALL STYLES.  
BACK BY POPULAR DEMAND!**

**Sunday 25th June 2023 11am-2pm**

**BKG MEMBERS: Seniors £10 Juniors £5  
NON BKG: Seniors £15 Juniors £10**

We are again offering the opportunity to train with our five leading instructors;  
**SHIHANS NICK DA COSTA, GRAHAM WARDEN, FELIX NTUMAZAH, JEFF WHYBROW & DARREN STRINGER.**

With over 150 students in attendance last year we anticipate this year to be even bigger! Don't miss out! You can secure your place via email:  
**BKG.KYOKUSHIN@GMAIL.COM**



**BKG INAUGURAL SUMMER TRAINING CAMP**

**18TH TO 20TH AUGUST 2023**

**WE HAVE SECURED AN AMAZING DEAL.. FULL BOARD, ACCOMMODATION AND ALL TRAINING SESSIONS FOR £99!**

**SUPERB VENUE SET IN 72 ACRES OF WOODLANDS. 12YRS AND OVER.**

**EMAIL BKG.KYOKUSHIN@GMAIL.COM TO SECURE YOUR PLACE**



**WE ARE HERE TO SUPPORT YOU - Email:  
BKG.Kyokushin@gmail.com**

Karate is Budo and if Budo is removed from Karate it is nothing more than sport karate, show karate, or even fashion karate-the idea of training merely to be fashionable.

Mas Oyama



## **CALENDER OF EVENTS**

**EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING**

**Open to all Kyokushin styles**

**Venue: Synergy Gym, Lake Forest House, Forest Road,  
Ilford, IG6 3HJ  
2 pm to 4 pm fee £10**

**SUNDAY 7TH MAY  
BKG AGM VIA ZOOM  
11am to 1pm**

**SATURDAY MAY 13TH  
NATIONAL INDIVIDUAL KATA & CLICKER COMP  
At the Singh Sabha Sports Centre,  
Stoke Poges Lane,  
Slough, Berkshire, SL1-3LW**

**SUNDAY JUNE 25TH  
BKG OPEN COURSE FOR ALL STYLES  
The Old Palace Prep School, 2 Melville Ave,  
South Croydon CR2 7YN  
Time: 11am to 2pm**

**SUNDAY JULY 2ND  
IN MEMORY OF HANSHI . BEACH TRAINING  
FRINTON ON SEA, ESSEX. OPEN TO ALL  
11AM TO 2PM FREE !**

**OPEN BKG SUMMER CAMP  
18TH- 20TH AUGUST  
Essex Outdoors, Danbury, CM3 4AB  
ONLY £99 FULL BOARD & TRAINING**

**KD REFEREES COURSE  
Sunday 29th October.  
venue & time to be confirmed.**

**SATURDAY NOVEMBER 11TH 2023  
BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS  
CRYSTAL PALACE SPORTS CENTRE  
LONDON SE19 2BB  
THE HOME OF KYOKUSHIN!**

**BKG WINTER BALL RETURNS!  
SATURDAY 27TH JANUARY 2024  
NOVOTEL HOTEL LONDON CM24 1SF**

